

2020

Kids, the Internet & COVID-19: How parents can keep children safe online



With school closures and self-isolation measures in place, many kids are getting more screen-time than usual.

Just like we help kids prepare for interactions in the physical world, it's important to show them how to be safe on the Internet.



Do you know what your
kids are doing online?

Studies show most parents don't know what their kids do online.

Here are 5 reasons why you should:



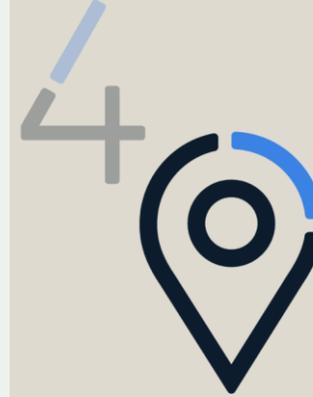
70% of online youth in India spend **more than 5 hours** on the Internet.



70% have posted their contact details like email, phone, home address.



53% have met someone in person that they first met online.



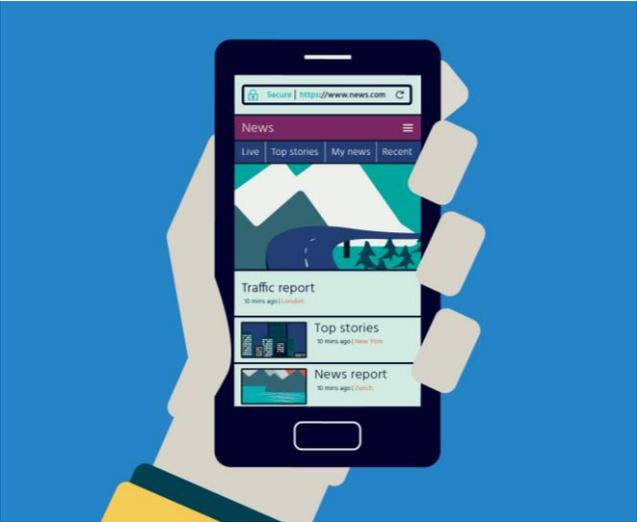
63% of youth do not turn off their location or GPS.



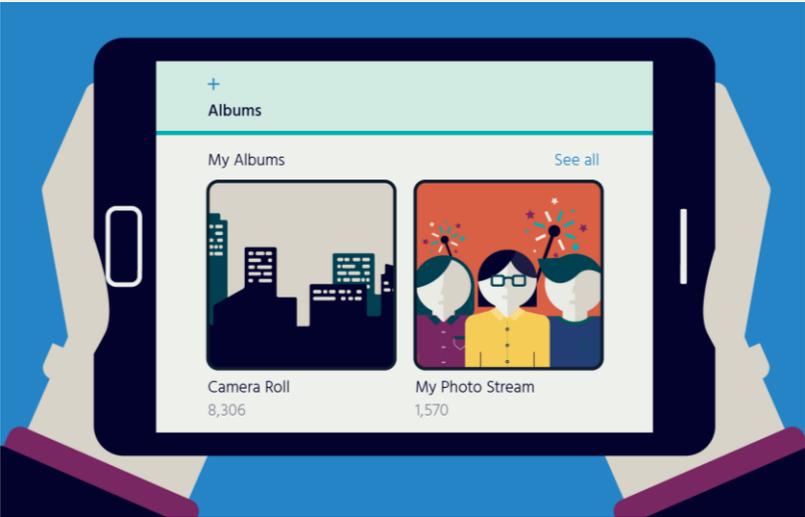
60% of parents don't know what their kids view online.



What are some of the risks children face online?



WHAT they see



WHAT they do



WHO they talk to



Knowledge is power

The more you know about the risks, the better you can play an active role to keep your kids safe online.

Here's what you can do:

- 1 Talk to your children about online safety
- 2 Agree on boundaries
- 3 Choose age-appropriate apps and websites



What YOU can do to keep your kids safe online

- 4 Set privacy settings together
- 5 Show them how to keep themselves secure
- 6 Learn from your child



What YOU can do to keep your kids safe online

- 7 Set parental controls
- 8 Supervise younger kids
- 9 Teach them to behave responsibly online



What YOU can do to keep your kids safe online

- 10 Assume that everything online is permanent
- 11 Be a role model
- 12 Do fun, offline activities as a family

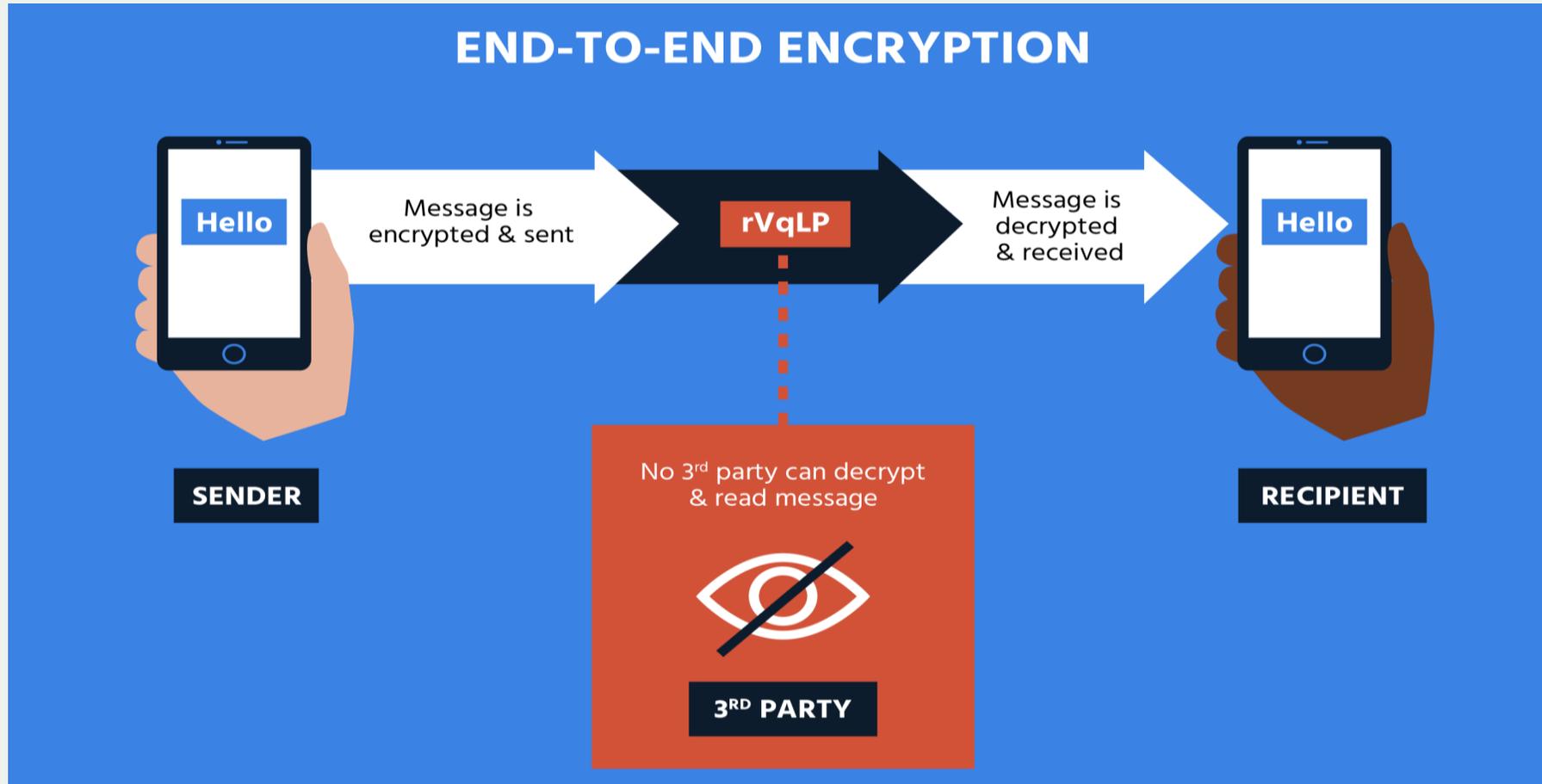


There's one word you should learn: encryption

Encryption is one of the most powerful tools
parents can use to help keep their kids safe online.



What is encryption?



Encryption is a way of 'scrambling' information to make it unreadable to any 'bad guys' who want to access it.



How you and your kids can use it

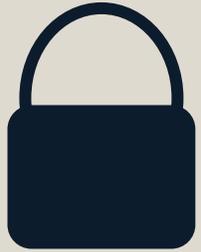


Look for apps that are **end-to-end encrypted**.

Some examples are Signal, Telegram, and WhatsApp.



How you and your kids can use it

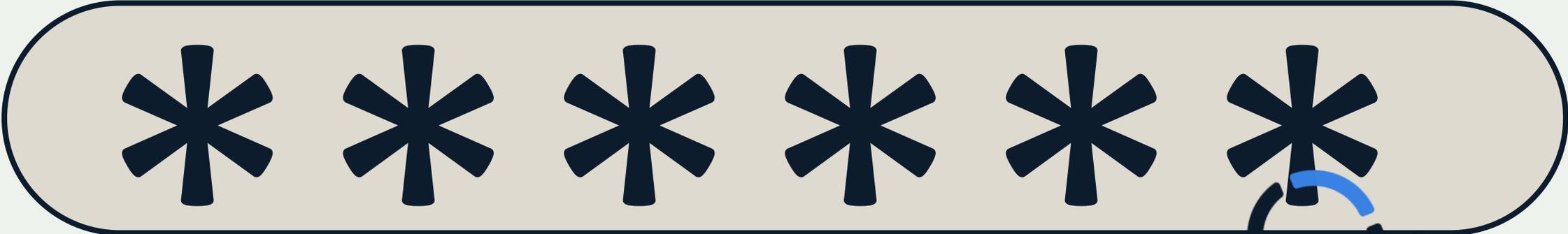


<https://www.encryptedsite.org>

only use websites that
have a **lock** by the URL



How you and your kids can use it



Set strong passwords



Checklist



- Talk to your child about online safety
- Agree on boundaries
- Find age-appropriate apps and websites
- Set privacy settings together
- Show them some security tricks
- Learn from your child
- Set parental controls
- Supervise younger kids
- Teach them to behave responsibly online
- Assume everything online is permanent
- Be a role model
- Choose ENCRYPTED apps and services



Thank you.

Quai de l'île 13
CH-1204 Geneva
Switzerland

11710 Plaza America Drive
Suite 400
Reston, VA 20190, USA

Rambla Republica de Mexico 6125
11000 Montevideo,
Uruguay

66 Centrepoint Drive
Nepean, Ontario, K2G 6J5
Canada

Sin El Fil, Dekwaneh Highway
Aramex Building, 2nd Floor
Beirut, Lebanon

Science Park 400
1098 XH Amsterdam
Netherlands

internetsociety.org
@internetsociety

3 Temasek Avenue,
Level 21 Centennial Tower
Singapore 039190

